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Entertainment

This Is It film, CD review pgs 19, 20

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Luongo sits it out short term with rib injury

CANUCKS Roberto Luongo will miss at least the next two Vancouver Canucks games after suffering a hairline fracture in one of his ribs during the win over the Toronto Maple Leafs on Saturday.

The star goaltender then aggravated it during the loss to Detroit.

"There is no definite timeline, because it's really about the amount of pain that you've got there," Luongo said after skipping yesterday's practice.

Luongo will miss tonight's game in Los Angeles and tomorrow's contest at Anaheim but may play on Sunday when Colorado visits.

THE CANADIAN PRESS

News on the Move

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U2 **Horizon line**

JEFF HUDSON/METRO VANCOUVER

Bono, lead singer of U2, rocks a sold-out B.C. Place last night. The Vancouver stop was the last stop of the legendary Irish band's 360 tour. Roughly 55,000 faithful were blown away by the band and a high-voltage opening set by the Black Eyed Peas. **Review, page 4.**

7th foot found on beach

Latest remains human, no signs of foul play to date: RCMP

KRISTEN THOMPSON
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The remains of another human foot in a running shoe have been found on a Richmond beach, police announced yesterday.

The right foot, which was found near No. 6 and Triangle roads by passersby on Tuesday, is the seventh to wash up along the B.C. coastline since August 2007. All were in running shoes.

"There has been no evidence to date to support foul play in relation to these discoveries and it appears that all remains separated from the body, disarticulated, through a natural process," said RCMP Cpl. Annie Linteau.

The remains of the most recently discovered foot were turned over to the B.C. Coroners Service, where a forensic autopsy determined it was human.

"The police and Coroners Service uses information … from exams by forensic pathologists and anthropologists, along with DNA analysis, to build a profile … to determine identification," Linteau said.

Of the six previous feet, one was identified as belonging to a dead man.

Two male feet found on Valdez Island and Westham Island were deemed in July 2008 to match, and two female feet found in Richmond were also determined in December 2008 to be matches.

A male right foot found on Gabriola Island in August 2007 remains unidentified.

Information

- Anyone with information related to the unusual findings is asked to call police, or the B.C. Coroners Office identification tip line at 1-877-660-5077.

Cowichan Tribes get knitting deal

VANCOUVER 2010 **Games**

OLYMPICS Cowichan Tribes knitters have a couple of busy months ahead of them now that they have been offered a licensing deal to sell their original designs during the 2010 Olympic Games.

"It's an acknowledgement that (the Hudson's Bay Company) missed an opportunity," said Cowichan Tribes general manager Ernie Elliot. "It's something positive for us."

The sweaters will be sold in the First Nations Pavilion and at HBC's flagship store in downtown Vancouver. HBC wants the first shipment of sweaters to hit stores Dec. 1, Elliot said.

The Cowichan Tribes are also in talks to get their artwork licensed, he said.

VANOC and HBC sparked controversy earlier this month when they unveiled Team Canada's Olympic uniform, which includes a Cowichan-style knit sweater sourced from Eastern Canada.

The Cowichan Tribes called the uniform sweater a copy of their traditional designs, and took issue with the fact that they were not asked to manufacture the sweaters themselves.

Elliot said HBC's sweaters pale in comparison to authentic Cowichan sweaters, which are often crafted from an individual knitter's generations-old, original pattern.

"The (HBC) sweater is knit in panels, ours are done in one piece," he said, adding that a Cowichan sweater is typically tailor-made.

KIMBERLY SHEARON/ FOR METRO VANCOUVER

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Local

Man who shot Tasering video honoured

The man who shot the video of Robert Dziekanski being Tasered by RCMP officers at Vancouver's airport was presented the first Citizen Journalism Award by Canadian Journalists for Free Expression. Paul Pritchard, 27, was given the award because his video changed how Tasers are used by police in Canada, presenters said. METRO VANCOUVER

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

News in brief

VOTE HandyDart drivers will vote on a proposal tomorrow that could end their strike.

SURGERIES The B.C. government is being accused by the NDP of cutting surgeries while at the same time offering hip and knee operations to patients from other provinces.

CHOIR B.C. Premier Gordon Campbell says it's a shame that a Newfoundland youth choir has chosen not to accept his government's belated invitation to perform during the Olympics in Vancouver after a misunderstanding.

DEVELOPMENT B.C. pediatricians say children under the age of two should not watch regular TV. The brain develops rapidly during the first years and TV cuts that development. METRO NEWS SERVICES

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WHAT'S ONLINE TODAY

Blogs Style columnist Kenya Hunt on sprucing up your skin when dealing with a hangover

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Dal Richards prepares for torch

91-year-old big band leader gets in shape as relay approaches

VANCOUVER 2010 Games

KRISTEN THOMPSON
kristen.thompson@metronews.ca

At 91, Vancouver legend and big band leader Dal Richards may be one of the oldest Olympic torchbearers on the roster, but his age isn't stopping him from running with the flame.

The iconic musician has added a rigorous workout schedule to his busy days — which are usually packed with music-related appointments, interviews and gigs — in preparation for the run.

"My wife, Muriel, ... is a bit of an athlete," Richards told Metro Vancouver yesterday. "We go out to Andy Livingstone Park a few nights a week and jog." In addition, Richards takes fitness classes at the Roundhouse Community Centre and swims at the YWCA pool.

His band is also booked as the opening act for the Paralympic Games at B.C. Place in March.

"I can't think of being inactive," Richards said. "Each day is filled with a challenge. So when I wake up, there's always a full day ahead."

Richards hosts a radio show on Sunday nights, has been playing at the PNE for more than 70 years, and has recently released a new CD and autobiography.

He said it's funny to think his career started because of a slingshot accident at nine, in which he lost his left eye.

"I was confined to a darkened room to (recover) and I grew quite despondent," Richards said.

His doctor suggested clarinet lessons to get his mind off the accident, and from there, a career blossomed.

"You never know what changes the course of your life," Richards said.

KRISTEN THOMPSON/METRO VANCOUVER

Big band leader Dal Richards on the balcony of his Vancouver loft yesterday.

Olympic bell provider concerned over competing item

VANCOUVER 2010 Games

MERCHANDISE A B.C. company that's inked a licensing deal with Vancouver Games organizers to provide official Olympic bear bells is ringing the alarm after one of the 2010 host First Nations unveiled a similar item.

Vancouver-based RC Products has signed on to supply articles like bells, keychains, wallets and bags for the 2010 Games.

But president Rory Carr says he's concerned promotional bear bells that have been unveiled by the Squamish First Nation and Spirit of B.C. Committee could hurt sales.

Carr says RC Products has already sold 5,000 of its bear bells and had hoped to sell another 10,000 before the first nation and committee unveiled theirs.

The Squamish nation and the provincially sponsored tourism committee say 12,000 of their bells will be sold on Vancouver's North Shore, with a portion of the proceeds going to a bear-awareness society. THE CANADIAN PRESS

More performers added to Olympiad

VANCOUVER 2010 Games

MUSIC Indie-pop singer-songwriter Feist headlines a diverse group of artists who have been announced as performers at the Vancouver 2010 Cultural Olympiad.

Montreal hip-hop DJ Kid Koala has also been added to the roster, along with Dallas Green's folk project City and Colour and Toronto-based buzz-band Rural Alberta Advantage.

Feist

Also announced were recent Polaris Music Prize finalists Hey Rosetta! of St. John's and Montreal Francophone indie-rockers Malajube.

Previously announced performers include Toronto rock collective Broken Social Scene, American singer-songwriter Steve Earle and Toronto hip-hop artist K'Naan.

More than 130 music, theatre, visual arts, dance and digital programming projects will be on display from Jan. 22 to March 21. THE CANADIAN PRESS

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Victoria seeks to reunite WWI medal with family

The city of Victoria is trying to track down the family of a First World War veteran whose victory medal was found on the side of the road inside a cardboard box in a ditch. The name Maj. G.D. Walker is engraved on the medal. METRO VANCOUVER

B.C., Alberta take blame for rise in homicide rate

KRISTEN THOMPSON
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There's been a two per cent rise in the national homicide rate, due almost entirely to increases in British Columbia and Alberta — much of it gang related — according to a Statistics Canada study released yesterday.

Police reported 611 homicides in Canada in 2008, with gang-related homicides accounting for 25 per cent of murders that year.

Vancouver ranked as the fourth most deadly major city, with 54 homicides or 2.37 murders per 100,000 people.

Winnipeg was the deadliest, with 4.07 murders per 100,000 people, followed by Edmonton and Calgary.

In terms of gang-related murders, Calgary ranked highest with 16 murders last year, or 1.35 per 100,000 people.

Vancouver was next with 19 murders, or 0.83 per 100,000 people, followed by Winnipeg and Edmonton.

"There's nothing surprising there other than the fact that I thought we were probably well ahead of Alberta cities," said RCMP Sgt. Shinder Kirk, who is part of the Integrated Gang Task Force.

"We know (gang violence) does occur in cycles," he said.

"Have we seen an extraordinary amount of violence involving individuals … involved organized crime? Yes, we have."

But Kirk said a crackdown on gangsters has led to a slew of arrests in the past year and that the overt violence sends the message that "if you are going to get involved (in gangs), you may not live a very long life.

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JEFF HODSON/METRO VANCOUVER

U2 members Adam Clayton, left, and The Edge perform on a catwalk during one of the opening numbers of last night's 360 concert at a sold-out B.C. Place.

U2 end tour on a high note

KIMBERLY SHEARON
for Metro Vancouver

Proof that rock star-turned-humanitarian Bono is really some sort of demi-god was on full display last night as the world's biggest band rocked Vancouver with the biggest, baddest show the city has seen all year.

Roughly 55,000 concert-goers — some from as far away as Australia — packed B.C. Place for the final date of U2's 360 Tour. Frenzied fans quite literally threw themselves at the stage to worship at the altar of Bono et al.

The stadium was abuzz with anticipation after a high-energy opening set by the Black Eyed Peas.

The crowd, waiting to be delivered to musical nirvana, erupted into wild cheers as the house lights dimmed and the band finally took the stage.

U2's ever-evolving setlist mixed tracks off their latest album, No Line on the Horizon, with classic fare, including a stirring rendition of I Still Haven't Found What I'm Looking For.

The stage — a sprawling entity dubbed "The Claw" — acted as Bono's pulpit.

Head thrown back and arms open wide, he lifted the adoring crowd, even if just for a moment, out of the stadium's concrete confines with the sheer power of his voice.

And the audience was ready to receive his word.

They were ready, fists raised and hearts pounding, to go forth unto Vancouver's streets and spread the gospel according to U2: one love, one heart.

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Justice minister pushes for consecutive life sentences

Justice Minister Rob Nicholson says he will bring in legislation to allow judges to impose what are essentially consecutive life sentences for serial killers. He says it means an end to what he calls sentence discounts for multiple murderers. THE CANADIAN PRESS

Canada

Review backs online surveillance

The federal government has an unexpected ally in its bid to broaden Internet surveillance — the watchdog over Canada's spy agency. In its annual report today, the Security Intelligence Review Committee says CSIS's "ability to perform certain investigative procedures will be constrained" until the government enacts legislation. THE CANADIAN PRESS

Docs slow with shots

Family MDs say obstacles deterring distribution

Family doctors in some parts of Canada have been slow to sign up to deliver H1N1 vaccine to their patients, pointing to a number of obstacles they say are discouraging them from giving the shots.

In Ontario, a requirement that doctors' offices order vaccine in 500-dose lots is deterring some. Others objected to an initial demand that they sign a contract and provide a weekly line listing for every dose delivered — unnecessary paperwork at a time when everyone is pressed for time, critics say.

"Some people think it's money. I don't think it's about money," said Dr. Doug Mark, a general practitioner and president of the grassroots Coalition of Family Physicians of Ontario.

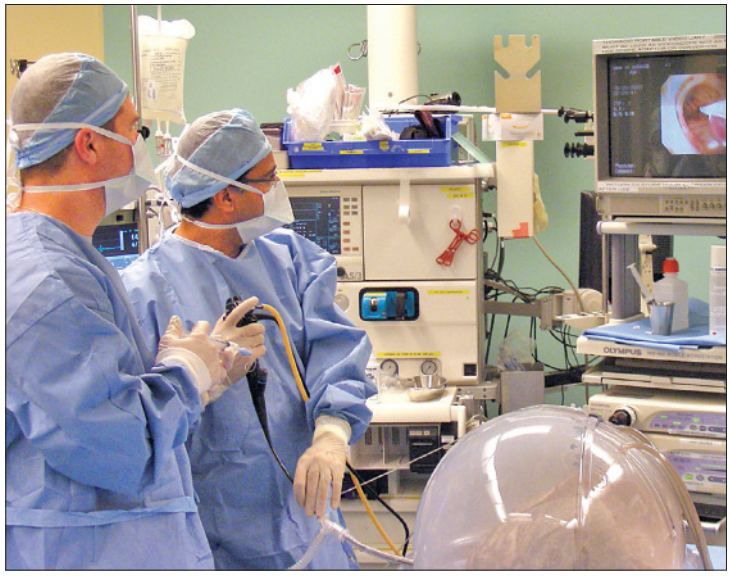
Not all provinces are asking family physicians to be involved in the rollout, planning instead to direct people who want vaccine to mass immunization clinics. And some intend to start with mass clinics but plan to provide vaccine through family practices later. "I'm aware that there have been a lot of conversations in various fora with family physicians," said Dr. Joel Kettner, Manitoba's chief medical officer of health.

In some provinces where family physicians are part of the rollout, some of the obstacles identified by Ontario physicians have been taken care of. In British Columbia, for instance, provincial health authorities are breaking up the 500-dose lots into smaller batches so doctors can order only what they need.

THE CANADIAN PRESS

Hot spots

- Canada's chief public health officer says swine flu is on the rise across the country. Dr. David Butler-Jones says there is an uptick in cases in Ontario and Quebec, while most tests in the West are coming back positive for the H1N1 virus.
- Overall flu activity has been steadily increasing for several weeks, particularly in British Columbia, Alberta, Saskatchewan and the Northwest Territories.



HANDOUT/THE CANADIAN PRESS

Dr. Marcelo Cypel, a surgical lung transplant fellow, left, and Dr. Shaf Keshavjee, senior scientist in the McEwen Centre for Regenerative Medicine at University Health Network, deliver gene therapy into human donor lungs using a bronchoscope. In a world first, Canadian scientists have successfully used gene therapy to repair injured donor lungs.

News in brief

DEATH A young Canadian folk singer who had just set off on a solo tour to boost a promising musical career died yesterday after being mauled by two coyotes in what is believed to be one of the country's first fatal attacks by the animals. Taylor Mitchell was hiking alone in the Cape Breton Highlands National Park on Tuesday afternoon when a pair of coyotes attacked her, leaving her critically injured with bite wounds covering most of her body. The 19-year-old singer's screams for help were heard by at least two other hikers, who rushed to the Skyline Trail and called 911 at around 3 p.m. as the animals continued their brutal attack on the young Toronto woman.

THE CANADIAN PRESS

Grits look to savvy handler

POLITICS Liberals are looking to veteran political handler Peter Donolo to come up with a strategy to restore the sense of momentum the federal party has seen disappear in the past several months under Michael Ignatieff.

Donolo, a 50-year-old Toronto communications specialist and former mouthpiece for prime minister Jean Chrétien, will arrive in Ottawa at the end of this week to begin the salvage job on the Liberal leader's floundering inner office operation.

Heeding advice that has been heard in Liberal circles for months, Ignatieff is installing Donolo as chief of staff in place of well-liked but inexperienced loyalist Ian Davey.

Liberal MPs, who have recently watched their poll standing nosedive, expressed relief at the prospect of having a seasoned person at the controls in the OLO, as the office of the leader of the opposition is known.

"We feel like a fever is broken," said London MP Glen Pearson."

Donolo, who in the 1990s helped guide Chrétien from struggling opposition leader to a popular three-term prime minister is seen as one of the most savvy strategists on the scene. TORSTAR NEWS SERVICE

Researchers spearhead lung repair

HEALTH In pioneering research, Canadian scientists have successfully used gene therapy to repair damaged lungs from deceased donors, making them potentially suitable for life-saving transplantation.

More than 80 per cent of donor lungs are discarded because they are not healthy enough to be transplanted in a recipient, says principal researcher Dr. Shaf Keshavjee, senior scientist at the McEwen Centre for Regenerative Medicine in Toronto.

Keshavjee said the gene therapy, developed by a team at the University Health Network centre after more than 10 years of research, could potentially expand the number of viable donor lungs as well as improve the outcome for patients receiving a transplant.

"I think the exciting thing here is the proof of concept, that you can diagnose what's wrong with an organ and genetically modify the organ to work better after transplantation," he said. "So it really opens the door to personalized medicine for organs that we transplant."

The technique involves removing the lungs from a deceased donor and placing them in a special perfusion unit that pumps oxygen, nutrients and other substances into the organs, as if they were breathing inside a body. The gene therapy is then introduced through a bronchoscope — a long tube-like apparatus fitted with a miniature camera, which allows doctors to watch on a screen as the scope is fed through airways and then into deeper areas of the lungs.

THE CANADIAN PRESS

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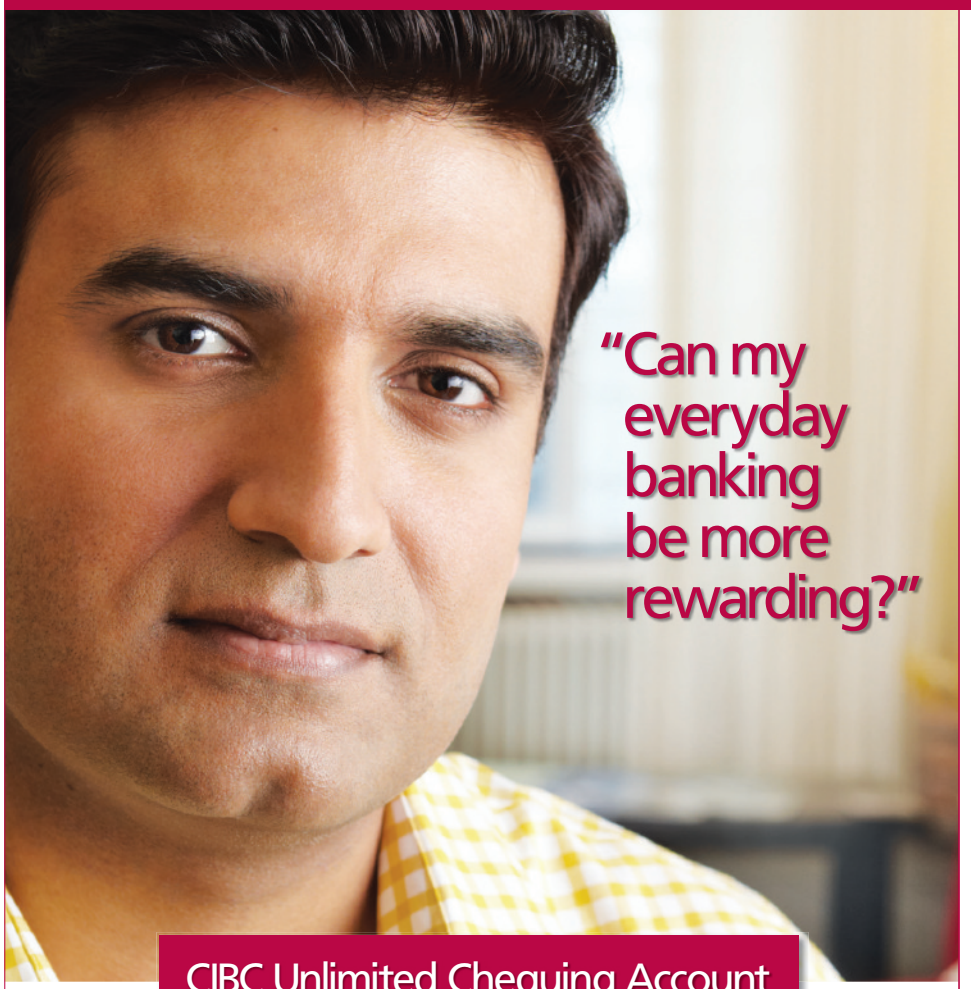

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Arrest made in Winnipeg bathhouse fire

Winnipeg police have made an arrest in a deadly fire at a bathhouse. Justin James Rosdobutko, who is 25, has been charged with two counts of manslaughter. Police allege Rosdobutko was in a rental room at the bathhouse Oct. 11 and deliberately started the fire that killed Steven Yablonski and Robert Clark. THE CANADIAN PRESS

Soldier killed by IED blast

A bloody week for coalition forces in Kandahar got worse yesterday when a Canadian soldier was killed and two others injured by an improvised explosive device in the ever-hostile Panjwaii district.

Lt. Justin Garrett Boyes, 26, of 3rd Battalion, Princess Patricia's Light Infantry based in Edmonton, was only 10 days into his second tour in Afghanistan when his foot patrol was struck by the blast 20 kilometres southwest of Kandahar city.

Boyes was leading a platoon tasked with mentoring Afghan National Police officers at the time of the explosion. The two other casualties were treated at the Role 3 Hospital at Kandahar Airfield and are listed in good condition.

Lt. Justin Garrett Boyes

"So early in the deployment, Justin's death is going to be difficult to accept by his brothers in arms, but will not deter any of us from continuing with our mission," said Brig. Gen. Jonathan Vance, the commander of Task Force Kandahar. Boyes jumped at the chance to train Afghan police in order to contribute to the "effort to provide stability to the population so we could, in concert with the Afghan government, extend basic services and humanitarian assistance to those in need."

YHE CANADIAN PRESS

Parliament Hill **Cooped up**

Alexandra Mendès, Liberal MP for Brossard-La Prairie, looks into a truckload of actors dressed as chickens for a press conference she held yesterday with several animal rights groups. The MP was promoting her private member's bill intended to reduce transport times for farm animals.

News in brief

POWER Quebec could buy a majority stake of the assets of New Brunswick's power utility in a tentative deal worth almost $10 billion to be announced today by premiers Jean Charest and Shawn Graham.

TERROR A Canadian businessman will remain behind bars in Chicago charged with helping to plot an attack against a Danish newspaper — the second recent high-profile terror arrest in the U.S. with a Canadian connection. A Chicago judge said yesterday she needs more information before she can determine whether Tahawwur Hussain Rana can be freed on bond while he awaits trial. THE CANADIAN PRESS

Canada needs tougher green targets: Poll

ENVIRONMENT Rich countries such as Canada need to commit to aggressive new targets to curb global warming, regardless of what less developed nations do, say a majority of respondents to a new poll.

The Canadian Press Harris-Decima survey suggests voters may be ahead of the Conservative government when it comes to negotiating a new global treaty on climate change.

By a two-to-one margin, respondents said they believed Canada and the U.S. have a responsibility "to set higher and harder targets" for greenhouse-gas reductions than "fast-growing" countries such as China and India.

Prime Minister Stephen Harper and his ministers have consistently argued that the Kyoto Protocol was seriously flawed.

THE CANADIAN PRESS

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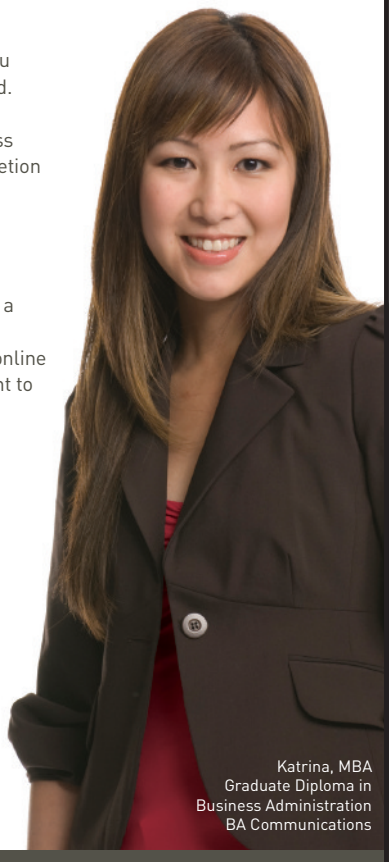

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Comment

Living with each other's 'stuff'

Relating

It's not the most romantic of impulses, but the economic cold snap of the past year has increased the temptation for couples to huddle together and split the rent.

It seems like a good idea on the face of it, taking the relationship to that mythic "next level," simplifying the logistics of life and all that. There is, however, the matter of your respective baggage, and here I refer only to the physical stuff. Two peoples' possessions must somehow be combined into one place.

George Carlin famously pointed out that a house is nothing but a place to keep your stuff. He also noted that while your stuff is simply called "stuff," someone else's is generally referred to with one of his (pre-HBO) Seven Words You Can Never Say On Television.

This distinction is much on my mind now, here in the middle of Operation Shack-Up. A stack of boxes packed with deferred decisions looms in our bedroom. We have earnest conversations about shelving and storage. I worry about resentment of my stuff growing into resentment of me.

The accumulated detritus of two lives will always take up too much space and threaten the domestic peace. We're both what are vaguely called "knowledge workers." In practice, it means we've got more books than shelves, and our living room, with three computers, now slightly resembles a call centre.

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

As a veteran of many moves and many apartments, the solution, when in doubt, is to pitch it out. Every time you move, you must justify lugging that box of old magazines one more time or finally give it the heave.

Mercifully, last weekend was Give Away Weekend in Ottawa, when the citizenry are encouraged to put their "gems" and "treasures" out on the curb to see if anyone else wants them. Reduce, reuse, unload your crap on the unsuspecting. Good stuff.

Somehow, though, amidst all this out-with-the-old, you absurdly end up shopping for new stuff, joining all those glum, strained couples at Ikea in navigating that fiendishly designed Swedish merchandise maze for more clutter.

All these stuff-related trials, though, can perhaps be seen as tests of your ability to compromise, revealing either what junk you're willing to live with, or what prized possessions you're willing to throw away, in order to be together.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Awareness month more than a colour

FourthWave

These days, everything but the leaves is turning Pepto pink, a reminder that it is Pinktober, or Breast Cancer Awareness Month.

The retina-assaulting shade is everywhere: On KitchenAid mixers, Wonderbras, Dyson vacuum cleaners and toilet paper.

It's no surprise breast cancer became a corporate pet cause — pink products target women, who have buying power and a warranted fear of the disease. It attacks the female identity — it is a trauma to lose an intrinsic part of your womanhood, motherhood and sexuality. The colour is equally loaded — pink symbolizes femininity and calm.

Pink sales encourage people to act charitably, but according to the fine print, it's corporations that can benefit more than any foundation or cancer patient. Commonly, companies pass on a small percentage of sales (from five to 15 per cent), or, as Hershey's Bliss chocolates pledges in the States, donate a paltry $300,000 US rather than take away from profits.

In a case that's the current target of the Breast Cancer Action's Think Before You Pink campaign, pharmaceutical giant Eli Lilly makes rBGH — an artificial hormone given to dairy cows that increases people's risks of cancer — but also produces cancer drugs.

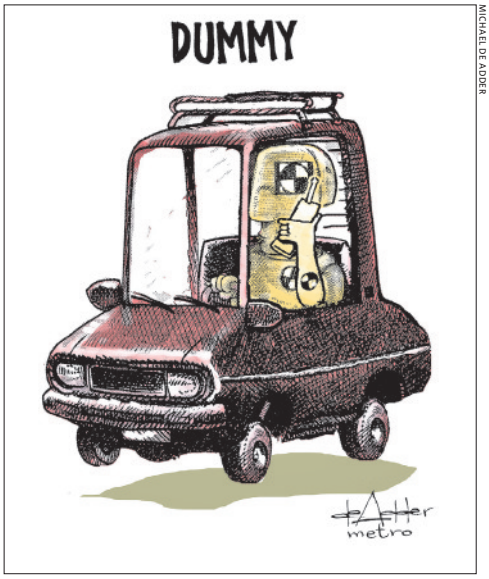
I'm not some tinfoil hat-wearing cancer grinch; I have a pessimism that comes only from witnessing family members fight cancer.

Something is awry when cutesy ribbons eclipse what cancer does to someone physically and emotionally. It's a further insult that consumer dollars pay companies and not prevention programs.

There isn't a person in the Western world that isn't "aware" of breast cancer. Companies should retire their token gestures and marketing campaigns — the money is better spent supporting patients or preventing environmental exposure to carcinogens.

Better yet, give your $400 directly to an organization and forgo the pink mixer altogether.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



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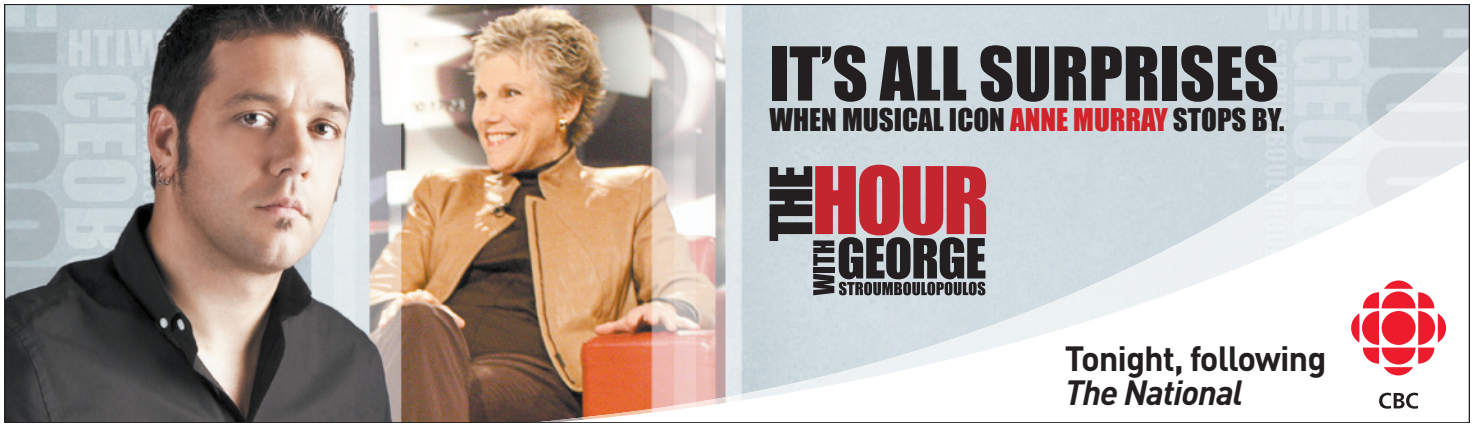

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Petroleum export bill tightens screws on Iran
A bill that would tighten U.S. sanctions against the export of refined petroleum products to Iran has been approved overwhelmingly by the foreign affairs committee of the U.S. House of Representatives. The bill still must be voted on by the full House and clear the Senate. THE ASSOCIATED PRESS

World

For die-hard customers?
Wal-Mart has started selling caskets on its website at prices that undercut many funeral homes. Prices range from $999 US for models such as "Dad Remembered" and "Mom Remembered" steel caskets to the mid-level $1,699 "Executive Privilege." THE ASSOCIATED PRESS

News in brief

ATTACK Secretary-General Ban Ki-moon said the United Nations will not be deterred by the "despicable and brutal" terrorist attack against a UN guest house in Kabul. The attack killed 11 people.

EMBARGO The UN General Assembly yesterday overwhelmingly condemned the 47-year U.S. trade embargo on Cuba. The vote was 187-3, with only Israel and the Pacific island nation of Palau supporting the United States.

SHOWER France has denied a claim it spent nearly $370,000 to build a shower for President Nicolas Sarkozy.

THE ASSOCIATED PRESS

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No mercy for women, children

Car bomb kills 105 in market

Carnage and grief visited Pakistan yet again yesterday as a car bomb devastated a busy market.

One hundred and five people — mostly women and children — were killed and more than 200 wounded in Peshawar.

The blast destroyed buildings and a mosque, and set scores of shops ablaze in the Mina Bazaar.

The wounded sat amid debris and body parts.

"There was a deafening sound and I was like a blind man for a few minutes," said Mohammad Usman. "I heard women and children crying and started to help others.

"There was the smell of human flesh in the air."

Crying for help, men tried to pull survivors from beneath wreckage.

One man carried away a baby with a bloody face.

A two-story building collapsed as firefighters doused it with water, triggering more panic.

The government blamed Islamic militants seeking to avenge an army offensive.

Visiting U.S. Secretary of State Hillary Rodham Clinton pledged U.S. support.

"I want you to know this fight is not Pakistan's alone," Clinton said.

THE ASSOCIATED PRESS

"This fight is not Pakistan's alone."
Hillary Clinton

MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

An injured child is rushed to hospital after a car bomb explodes in Peshawar, Pakistan yesterday.

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Activists hail openly gay U.S. attorney

The new top federal prosecutor in Seattle knows the significance her role carries for many people: She's apparently the first openly gay U.S. attorney. Gay rights activists say Jenny Durkan's appointment reflects a growing acceptance in the U.S. as well as the attitude of President Barack Obama's administration. THE ASSOCIATED PRESS

This is your distracted pilot speaking

The two airline pilots who overshot their destination by 240 kilometres have prompted the Barack Obama administration to broaden its look at distracted driving — to include distracted flying.

The use of mobile devices and laptops while driving any type of vehicle is unsafe, Transportation Secretary Ray LaHood told a hearing of a Senate committee hearing yesterday

"We're not going to equivocate on this.

"Any kind of distraction, whether it's trains, planes or automobiles, is a distraction," LaHood said.

"We should figure out ways to get these cellphones, the texting ... and the use of laptops out of the hands of people who are supposed to be delivering the public to somewhere safely."

The pilots of Northwest Airlines Flight 188 told safety investigators they lost track of time while using their laptops.

> **"Any kind of distraction, whether it's trains, planes or automobiles, is a distraction."**
> Ray LaHood

And they said they were unaware they had flown past their destination, Minneapolis.

Sen. Frank Lautenberg, a Democrat, asked whether the Transportation Department might regulate the use of laptops by pilots.

"We're going to take a very close look at that entire issue," LaHood said.

The FAA has revoked the licences of the pilots.

THE ASSOCIATED PRESS

Bucharest **Angry farmers take to the streets**

VADIM GHIRDA/THE ASSOCIATED PRESS

Romanian farmers face riot police in Bucharest yesterday during a rally over unpaid government subsidies. The protesters said the government has not paid them subsidies of $15 US for each sheep and goat they have and only 35 per cent of the promised subsidies for cows has been allocated.

Experts warn Russia over looming HIV crisis

EPIDEMIC AIDS experts urged Russian officials to scrap their abstinence-based strategy for curbing the spread of HIV.

The country's fast-growing epidemic could be entering a dangerous new phase, the experts say.

The experts meeting in Moscow urged Russia to adopt successful strategies like needle-exchange programs for drug addicts.

HIV infections in Russia have doubled in the past eight years.

THE ASSOCIATED PRESS

One brother dies, a brother accused

CRIME Two teenage brothers were home alone when an argument over loud music spiralled out of control, police said, leaving one brother dead from a knife to the chest and the other accused of killing him.

William Gorzynski, 15, was being held in juvenile custody on suspicion of second-degree murder in the death of 14-year-old Matthew Gorzynski.

Police in Coral Springs, Fla., say Matthew was playing music on a computer.

William was watching TV nearby and complained the volume was too loud.

THE ASSOCIATED PRESS

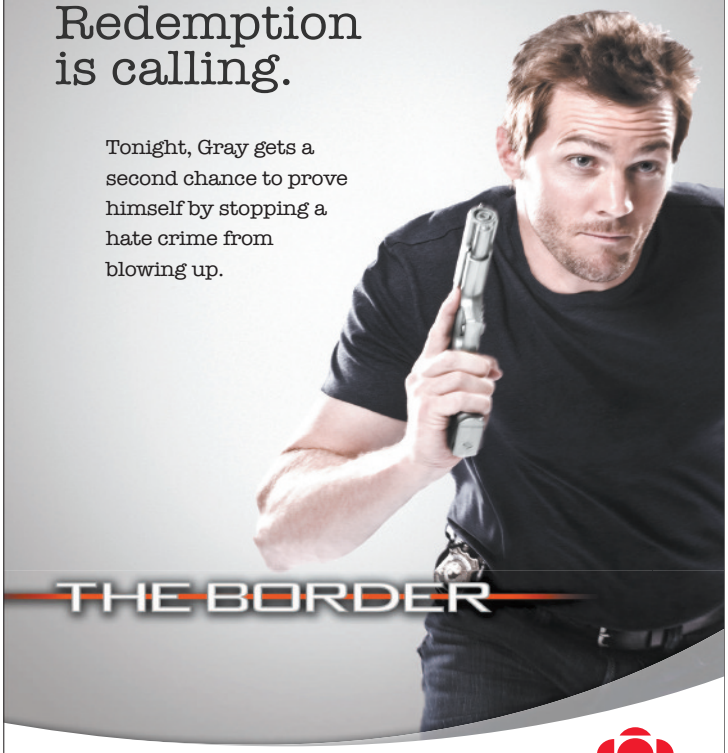
News in brief

CRIME A man accused of killing his son-in-law is arguing he was unable to commit the crime because he was too fat. Edward Ates told jurors he wouldn't have had the energy needed to climb and descend a staircase where prosecutors say the killer was perched when he shot Paul Duncsak, a 40-year-old executive, in 2006.

THE ASSOCIATED PRESS

Redemption is calling.

Tonight, Gray gets a second chance to prove himself by stopping a hate crime from blowing up.



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Rocket launch successful
NASA's new experimental rocket, the Ares I-X, successfully completed a brief test flight yesterday, the first step in a back-to-the-moon program that could be shelved by the White House. The 100-metre rocket, designed as a replacement for the shuttle, carried no passengers. THE ASSOCIATED PRESS

U.S. bill cuts military spending, boosts hate crime laws

VICTORY Trumpeting a win against careless spending, President Barack Obama signed a defence bill yesterday that kills some costly military projects while continuing war efforts in Iraq and Afghanistan.

In a major civil rights change, the law also makes it a federal hate crime to assault people because of their sexual orientation.

The $735 billion policy bill authorizes spending but doesn't provide any actual dollars. Rather, it sets guidance typically followed by congressional committees that decide appropriations.

Obama hailed it as a step toward ending needless military spending that he called "an affront to the American people and to our troops."

But the president did not win every fiscal fight. He acknowledged he was putting his name to a bill that still contained wasteful military spending provisions.

Military cuts

Defence bill terminates spending on
- the F-22 fighter jet program
- a costly program to replace the president's own helicopter fleet

The measure on hate crimes expands current legislation to include violence based on gender, sexual orientation, gender identity or disability.

To assure its passage after years of frustrated efforts, Democratic supporters attached the measure to the must-pass defence policy bill, over the stern objections of many Republicans. THE ASSOCIATED PRESS

News in brief

BURGLARY Los Angeles prosecutors have charged four people with burglarizing the homes of Lindsay Lohan and The Hills star Audrina Patridge. The suspects include Alexis Neiers, who is filming a pilot for a reality television show. THE ASSOCIATED PRESS

U.K. seduced by romantic message in a bottle

A mysterious missive apparently written by a French-speaking woman to her married lover has washed up on a British beach and captured the fancy of U.K. media.

The three pages of passionate writing, along with a lock of brown hair, were found last weekend in a beer bottle half-buried on a beach in Cornwall, in southwest England.

Local coast guard official Martin Leslie said he was out with his family on Saturday when he found the Heineken bottle, whose top was sealed with red candle wax.

He said he became concerned when he made out vague references to love and death in the letter, thinking it may be a suicide note, and contacted French authorities.

"Thank you for giving me this crazy new shot of life"
Anonymous lover

But French officials identified it as a romantic letter addressed to a married man, Leslie said.

Translated excerpts from the unsigned epistle, dated Sept. 25 of this year, were broadcast on the BBC's Six O'Clock News.

"Thank you for giving me back this crazy new shot of life," the author wrote. "These magic moments are pure secret."

Leslie said he assumed the author tossed the letter into the sea because she could not tell the married man how she felt. THE ASSOCIATED PRESS

Nortel to sell assets to Hitachi in $10M deal

Nortel has received the OK from Canadian bankruptcy courts on the sale of its next-generation packet core network component assets to Japanese electronics manufacturer Hitachi for $10 million US. THE CANADIAN PRESS

Business

DOLLAR	GAS	OIL	TSX
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US 1.08¢	US 27¢	US $2.09	248.21

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Victoria's Secret seeks doubled market share

RETAIL The owner of the world's largest specialty lingerie retailer, Victoria's Secret, says it believes it can double its market share in Canada to $2 billion within three years.

Limited Brands, which bought the La Senza chain two years ago, has brought its Bath and Body Works chain across the border. Now, it's opening four Victoria's Secret "Pink" stores in southern Ontario. And next spring, it plans to bring its iconic Victoria's Secret brand to Canada.

The company's goal is not only to steal market share from the department stores and other specialty retails, but to expand the overall market, said Martin Waters, executive vice-president, international.

"There's no finite amount of drawer space for underwear," said Waters in an interview.

Within Canada, Limited Brands' main vehicle is La Senza, with 250 stores across the country. Waters said he believes La Senza and Victoria's Secret are different enough to coexist; Victoria's Secret's merchandise is more sophisticated and "at the best end of the spectrum," while La Senza offers "youthfully flirty" attire at a lower price range.

TORSTAR NEWS SERVICE

Markets

- The chain has 30 per cent market share in young women's intimate apparel, but just 15 per cent in all women's intimate apparel.

Griping over card swiping

Merchants slam auto-enrolment in Visa debit program

Tens of thousands of merchants and small business owners have received letters from the country's largest payment processor advising them they will be automatically enrolled in the new Visa debit program unless they take action to opt out.

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Small business leaders are outraged and likened the tactic to negative optioning, saying it is one of several complaints they're hearing about the way the new Visa product is being introduced into Canada's $168-billion debit market.

"These seem like incredibly murky and unfair business practices," said Dan Kelly, vice-president with the Canadian Federation of Independent Business.

Kelly is referring to a letter some of his members received from Moneris Solutions advising them the new micro-chip enabled payment terminals the merchants had installed were also equipped to handled Visa debit.

The merchant is then asked to call or go online to decline the new service.

The move by the two global credit card giants, Visa and MasterCard, into Canada's debit business has been controversial with merchants and other business owners, who fear it will boost the cost of accepting those cards.

Merchants currently pay a flat fee of six cents per transaction on average to process debit cards issued by the national non-profit Interac Association. Visa Canada plans to charge merchants 0.25 per cent of the value of the transaction, plus 15 cents. MasterCard says it will charge less than Interac.

TORSTAR NEWS SERVICE

Other uses

- Even if the merchant chooses to opts out, the letter also goes on to says Visa debit transactions that are "contactless," which uses a new PIN- and signature-free technology used for smaller purchases, or "card not present," like online transactions, will go through the debit network.

New York The Droids they're looking for

VERIZON WIRELESS/THE ASSOCIATED PRESS

John Stratton, executive vice-president of Verizon Wireless, left, and Sanjay Jha, co-chief executive officer of Motorola, show off the new Motorola Droid phone in New York yesterday.

Fourth straight loss for TSX

STOCKS The losing streak on the Toronto stock market extended to a fourth session yesterday, with the main index losing almost 250 points as investors took profits on doubts about the strength of the American economic recovery.

The S&P/TSX composite index tumbled 248.21 points or 2.25 per cent to 10,805.33, led by mining stocks as a rising U.S. dollar sent commodity prices and the Canadian dollar sharply lower.

Investors were dismayed with a drop in sales of new homes in the U.S. last month. They fell 3.6 per cent to a seasonally adjusted annual rate of 402,000 from a downwardly revised 417,000 in August.

Investors also pulled back after Goldman Sachs Group Inc. reduced its expectation for U.S. economic output for the July-September period. Goldman Sachs now expects third-quarter gross domestic product rose at an annual rate of 2.7 per cent.

THE CANADIAN PRESS

Losses

- The TSX has lost 6.3 per cent over the last four sessions. The profit-taking wasn't surprising to analysts, considering the TSX had gained about 50 per cent since the lows of March with hardly a break.

Maple Leaf posts 3Q profit on bakery, meat gains

FOOD Maple Leaf Foods Inc. recovered from a year-earlier loss as improved operating income from its bakery business and a recovery at its packaged-meat operations allowed the company to post a profit in its third quarter.

The Toronto-based company, one of Canada's largest food producers, reported net income of $22.5 million or 17 cents a share for the quarter ended Sept. 30, compared to a net loss of $12.9 million or 10 cents a share a year ago.

Last year's third-quarter had felt the brunt of a listeria-induced recall at a Maple Leaf plant in Toronto. Quarterly revenues for the company dipped to $1.29 million from $1.34 million last year.

TORSTAR NEWS SERVICE

Business in brief

EDINBURGH Workers are clearing rocks and other debris from the site where a controversial golf resort is to be built by American property tycoon Donald Trump. The work began yesterday after planners at the Aberdeenshire Council granted permission this week. Grass will be planted on an environmentally sensitive stretch of sand dunes to stabilize the beach for development into a championship golf course.

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Canucks recall Schneider
The Canucks yesterday recalled goaltender Cory Schneider from the Manitoba Moose of the AHL. METRO NEWS SERVICES

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Lee dominates Yanks in Game 1

(Phillies lead Series 1-0)

Phillies 6 Yankees 1

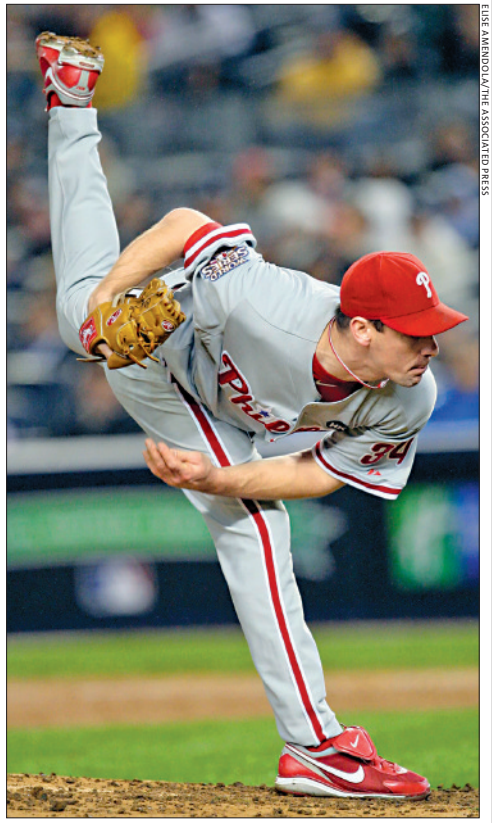
PHILLIES AT YANKEES

Chase Utley became the first left-handed hitter since Babe Ruth to have a multi-homer game in the World Series, and Cliff Lee dominated the potent Yankees lineup in a complete-game gem, as the Phillies took Game 1 of the Fall Classic from New York 6-1 at Yankee Stadium.

Lee (1-0) struck out 10, didn't walk a batter and scattered six hits in confusing the middle of the Yankees order and making several highlight-worthy defensive plays, including a behind-the-back stab on a grounder up the middle in the eighth for the defending World Series champions.

Utley, who had hit just one home run since mid-September, drilled two homers to right in the first six frames off Yankees ace CC Sabathia (0-1). The Yankees southpaw surrendered two runs on four hits with six strikeouts and three walks over seven frames.

Utley is the third left-handed hitter to have a multi-home-run game off Sabathia. Jim Thome and Ichiro Suzuki are the others to achieve the feat.



EUSE AMENDOLA/THE ASSOCIATED PRESS

Philadelphia's Cliff Lee stuck out 10 hitters en route to a complete game win over the Yankees last night in Game 1 of the World Series at Yankee Stadium in New York.

Raul Ibanez added a two-run single for the Phillies, who are attempting to become the first repeat World Series champion from the National League since the Cincinnati Reds in 1975-76.

METRO NEWS SERVICES

Sports in brief

GOLF The LPGA Tour named Michael Whan as commissioner, turning to a former marketing executive in golf and hockey equipment to rebuild the tour's relationships with sponsors. Whan most recently was president of Mission-Itech Hockey. METRO NEWS SERVICES

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Rough conditions greet surfers at Cold Water Classic

TOFINO Dozens of spectators assembled on a Vancouver Island beach yesterday, shouting and cheering after an Australian living in B.C. advanced into the third round of the O'Neill Cold Water Classic.

Shannon Brown, who lives in Tofino and teaches surfing, placed second in Heat 14 of the second round, a strong enough finish to advance into the contest's top 48.

There he will join Tofino's Peter Devries, who advanced into the third round Tuesday and is the only Canadian left in the competition.

"I can't believe I got second," said Brown, who added he felt "over the moon" with his results.

"I never thought I'd beat those guys. They're just so good. I just must have got lucky. That's all I can say. Got a couple good waves."

Devries, who had been set to compete again yesterday, didn't hit the water after conditions pushed most of the round off to today.

THE CANADIAN PRESS

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Now there is good news for anyone who wants to lose weight. New research shows that you can make your body burn more calories and thereby shed weight, without changing your diet! Bioactive substances from chili, green tea and other plants can help you lower your appetite and increase your metabolism, so fat burning occurs.

Helle from Denmark is one of the many people who have tried the new Chili Burn™ tablets and she is happy to experience life with a higher metabolism and the weight loss it creates.

"I found it very frustrating that some people with a good metabolism could eat almost whatever they wanted and not gain weight. I have always been an active person, but was never able to lose the excess weight."

Love handles

"I really love good food and wine, and I didn't want to give it up. But for as far back as I can remember I have had to live with love handles and a bulging stomach. I was very sad about it and tried lots of diets."

The scale showed the results

"When I tried Chili Burn, I felt it working right away. From the first day, I had more energy and less appetite. I took the product twice a day for two months and managed to eat a bit less, as well. Now I lost two dress sizes already, and the weight seems to be staying off."

A fantastic experience

"I have finally found something that works for me – it is fantastic! I had forgotten how good it feels to be slimmer and look better. There is no doubt I will be taking Chili Burn for a long time."

The natural fat burner!

Chili Burn is a product from Scandinavia. It contains only natural ingredients, such as green tea, chili, ginger, peppermint and dill. The product increases the amount of calories your body uses in a day, without any needed dietary changes or added exercise. As your body burns and wastes more calories, you steadily but surely, lose weight.

The Chili Burn tablets are mainly based on substances from chili and green tea. Clinical studies published in the scientific paper "Obesity" show how this exact amount of chili and green tea reduces body fat. The tablets have some added peppermint oil and ginger, in order to calm digestion, reduce bloating and limit flatulence. Finally, dill is used for its properties on cellulite fat deposits. This formula is unique and effective for slimming.

Chili Burn™ is a new natural fat burner, using the latest scientific studies on fat loss to help you lose weight safely and surely.

Chili Burn is available in Canada at participating pharmacies: **Participating Shoppers Drug Mart, Alive, GNC, Thrifty´s and other health food stores and pharmacies.** For more information, please call 1 800 261 4223 or visit us at **www.newnordic.ca**

Seattle puts Jones on IR

Walter Jones has gone on the Seahawks' injured reserve list, ending the left tackle's season and perhaps his career. THE ASSOCIATED PRESS

'Caps in limbo

USL turmoil may lead to formation of new league

JEFF HODSON
jeff.hodson@metronews.ca

The Vancouver Whitecaps FC are expected to announce within the next month whether they will start their own league or return to the United Soccer Leagues for another season.

The 'Caps, who are joining Major League Soccer for the 2011 season, are looking at forming their own league for 2010 with the Team Owners Association (TOA) — a group of USL teams that includes the Montreal Impact.

"We're trying to set up our own league and that process is still ongoing," said Bob Lenarduzzi, president of the Whitecaps.

"The thing that we'd like to make clear is that we will be playing in a league next year. We won't be taking a year's hiatus."

In an interview with Montreal radio station CKAC, Alec Papadakis, one of the new owners of the USL, said neither the Whitecaps nor the Montreal Impact would be in the USL in 2010.

However, a clarifying statement, issued later in the day by the league, stated that while negotiations between the USL and the TOA had ceased, the door was still open for the 'Caps to play in the USL-1 in 2010.

"No one has ever said, 'that's it, you're not in,'" Lenarduzzi said. "And we've never said, 'we're in.' It's in limbo."

USL ownership

- The USL's new owners, Nurock Soccer Holdings, purchased the league from Nike and Umbro in August.

SEAN DEMPSEY/THE ASSOCIATED PRESS

Liverpool's Philipp Degen, right, and Arsenal's Kieran Gibbs battle for the ball during Arsenal's 2-1 win over Liverpool yesterday in the Carling Cup.

Arsenal, Chelsea reach Cup quarters

SOCCER Arsenal and Chelsea overcame English Premier League opponents to reach the Carling Cup quarter-finals yesterday, with the Gunners beating Liverpool 2-1 and the Blues routing Bolton 4-0.

Fran Merida and Nicklas Bendtner scored for a mostly second-string Arsenal against similarly weakened opponents as rival managers Arsene Wenger and Rafa Benitez continued to rate England's second cup competition low on their priorities.

But Premier League leader Chelsea fielded a strong side to easily beat visiting Bolton, while Manchester City also drew upon its experienced players to outclass Scunthorpe 5-1.

Six of the Premier League's top seven teams have reached the quarter-finals.

Liverpool was coming off a surprise 2-0 win over Manchester United and Arsenal a disappointing 2-2 draw at lowly West Ham, but the starting lineups yesterday showed a total of 20 changes from those matches to make predicting a result at Emirates Stadium especially tricky.

Merida, a 19-year-old Spanish midfielder who has never started a Premier League match, capitalized on a mistake by Andriy Voronin to put Arsenal ahead in the 19th with his first club goal.

THE ASSOCIATED PRESS

Sports in brief

MARADONA Argentina's Football Association says the media is to blame for Diego Maradona's angry tirade on live television. The AFA sent a formal report to FIFA dismissing Maradona's profanity-laced news conference in Uruguay as the natural result of tough questions from reporters.

ENGLAND Police are searching for a Manchester United fan who bit off part of a man's ear at the Champions League final in Rome. Greater Manchester Police made the appeal yesterday, releasing video footage and still pictures. METRO NEWS SERVICES

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Metro Homes

It's who you are

Homes are reflecting personal style more, just as clothes do. "... Your house is a story. Think of it as a narrative and you are the author," says Keith Johnson, host of Man Shops Globe and buyer-at-large for Anthropologie.

THE ASSOCIATED PRESS

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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'Revitalizing the northern district'

Suite Talk

Groundbreaking for the latest residential project in the revitalization of the northern district of Downtown Victoria is just a few days away.

On Nov. 3, officials will celebrate the start of construction of The 843, a 14-storey glass, steel and concrete structure that is Chard Development's third major project in the area in the last five years.

Already, more than 40 per cent of the building's 112 suites have been sold, with completion scheduled for Fall 2011.

"Sales since we launched The 834 have exceeded our expectations," says developer Dave Chard. "Even though we moved forward with this project at a time of economic uncertainty, we did so because we have always been dedicated to revitalizing the northern district."

Suites are priced some 15 to 20 per cent less than initially planned due to construction cost savings and one-bedroom homes start as low as $198,900.

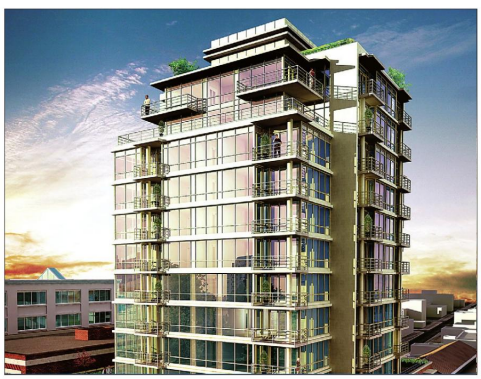
Units range in size from 418- to more than 1,000-square-feet. The presentation centre is open daily from noon-4:30 p.m. (except Fridays).

METRO VANCOUVER

Details

- For more information, visit the834.com or call 250-382-6001. E-mail inquiries can also be sent to info@the834.com.

A selection of photographs from The 843 in the northern district of Downtown Victoria. Completion is scheduled for Fall 2011.



Impress the kids with last-minute spooktacular styling tips

HomeScape

Halloween will be upon us very shortly, and depending on your neighbourhood, hundreds of ghouls and goblins will soon be knocking upon your creaky door. You'd better get busy decorating because parents and kids are very choosy today.

Concentrate on the front door, and on pulling in those trick-or-treaters. The first requirement is light.

Lots of weird and spooky lighting is definitely good, but nothing overly bright. Cover the porch light with a ghost-like gauzy sheet. Then consider pulling out your holiday lights to light up your pumpkins. Forget the pumpkin disembowlment for this year (messy and time-consuming), and draw or paint on faces instead. Then wrap holiday lights in red, orange, white or black fabric and place them around pumpkins to produce a wonderfully spooky effect.

To fill it out a little more, use a few props on the front porch or near the door. Along with pumpkins and perhaps a few gourds or corn stalks, a scarecrow fashioned of old clothes stuffed with crumpled up newspaper is wonderfully easy to put together with things you have at home.

I also enjoy the idea of a wreath of black flowers on the front door. These can be made by hand of construction paper, or you may buy fabric flowers and have the kids colour them black with magic marker.

Other themes will work too of course, like the graveyard with cardboard gravestones, or a convention of ghosts made of sheets draped over balloons, tied up under the head and hung from trees, for example.

Presto, you're ready. Have a great Halloween!

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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Winner of Via Rail uniform contest

A Montreal-based Rudsak designer has landed on the fast track to fashion victory as the winner of the Via Rail uniform design contest. Xiao Wei took home top honours at an event held at last week's LG Fashion Week in Toronto. THE CANADIAN PRESS

Style

Fox to model for Armani

Confirming that endorsement deals still have cachet in a recession, Transformers star Megan Fox is pulling down a seven-figure payday to model Armani underwear and jeans. The 23-year-old will be the new face of Emporio Armani Underwear and Armani Jeans in 2010, the Milan-based fashion house announced. Fox is projected to make close to $2 million for a one-year ad campaign, a source has told The Associated Press. THE ASSOCIATED PRESS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Vancouver goes global for 2010 Fashion Week

ANDREA WOO
for Metro Canada

PREVIEW Vancouver Fashion Week will have a global theme this season to reflect the local fashion industry's growing popularity around the world, according to the show's producer.

"From the beginning, our plan was global, international," said Jamal Abdourahman, who started VFW in 2000. "We've made a lot of progress in the last four seasons. We're way more known internationally now than we are here."

Abdourahman says several aspects of the show will reflect the global theme, including the models, clothing and designers. Designers will come from Italy, Germany and Norway, for example, as well as from across Canada. There will also be a "Night in Taipei" themed evening and one show that will feature all South Asian models.

"We're not doing that just because Bollywood is cool," said Jamal, adding that it will be a first for VFW. "We're doing that because the Indian community doesn't get that many opportunities."

One label to look out for is Orange NYC by Taiwan-born, Vancouver-raised designer Angela Chen, who will be debuting a black-and-white themed spring/summer 2010 line.

"People can expect to see where I came from and my aesthetic as a designer," she said.

Another is Vancouver-based label Kersh, whose theme this year will be Shanghai Cowgirl.

"We believe that the fusion of east meets west is a global trend, and a very big trend in fashion," said sales and marketing assistant Ryan Pugsley.

Vancouver Fashion Week runs Nov. 3 to 8. For more information visit vanfashionweek.com.

Left: A design by Vancouver-based label Kersh whose theme at this year's Vancouver Fashion Week will be Shanghai Cowgirl.

Choo debut at H&M

Founder Tamara Mellon discusses designing on a budget

KENYA HUNT
Metro World News

With so many starry designer H&M collaborations happening each year, it's hard to get as excited about them these days.

But Jimmy Choo founder and president Tamara Mellon's upcoming collection for the brand is special for a number of reasons: 1) It's the first time the Swedish chain has linked up with an accessories brand. 2) It's the first time Tamara Mellon has designed ready-to-wear. and 3) The animal print, studded and richly colored shoes and handbags have got all the same lust factor as the expensive accessories you dream about wearing at a price you can actually afford. The queen of luxury shoes talks about designing on a budget.

"Invest in accessories. You can always modernize your look with key accessories."
Tamara Mellon, Jimmy Choo president

The Jimmy Choo for H&M collection hits stores Nov. 14

Jimmy Choo leather studded belt, $69.95.

Jimmy Choo leopard clutch, $149.

Men's Jimmy Choo leather jacket, $299.

Men's Jimmy Choo leather shoe with zip, $179.

Jimmy Choo crystal studded dress, $149.

Q You've long lived in the world of luxury. Was it difficult to create an affordable collection for the masses that still maintains the ritzy aesthetic of Jimmy Choo?

A The H&M customer is slightly younger yet we wanted to stay true to what Jimmy Choo is. There's always a rock chick there, but also a sense of elegance. The Jimmy Choo autumn '09 collection had a big Debbie Harry and punk rock chic inspiration with leopard print, neon, studs and dynamism. So that was our starting point. For H&M, you can see the trickle down effect. We were not sure at first whether we could use real leathers, studs, crystals and rivets, but when we found what was possible it completely exceeded our expectations.

Q What advice would you give to shoppers who want a more expensive-looking wardrobe, but on a budget?

A Invest in accessories. You can always modernize your look with key accessories.

Q Did you approach the ready-to-wear design differently from the way you approached the shoes? If so, what were the major differences?

A We first designed the shoes and bags and then followed with the clothes. You could say the clothes are the "accessories" to the shoes and bags... We created a fun, accessible collection to reach a young customer with a fashionable and independent spirit.

The collections

- Jimmy Choo's exclusive collaboration with H&M hits stores Nov. 14 (Vancouver's Pacific Centre is one of four Canadian locations). The collection includes men's and women's shoes, accessories and clothing.

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Fall of the Wall with U2
U2 will play a free show in Germany to commemorate the fall of the Berlin Wall. The rockers will play in front of Berlin's iconic Brandenburg Gate as part of the MTV European Music Awards (EMAs) on Nov. 5, as a prelude to the city's Fall of the Wall celebrations. FEMALEFIRST.CO.UK

Entertainment

Exposure
Brangelina Exposed, a new investigative book about Brad Pitt and Angelina Jolie, written by author and journalist Ian Halperin, will hit stores on Dec. 1. USMAGAZINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

This Is It for Michael

This Is It

Album: Michael Jackson
Label: Sony
Rating: ●●

THE SOUNDTRACK TO the film contains nothing that a Michael Jackson fan didn't already own before the begloved one's death, except two versions (pop and orchestral) of the title track that's not really new at all, three demos of questionable quality (She's Out of My Life, Wanna Be Startin' Somethin', Beat It) and a strange spoken word poem pledging love to the planet earth. The song This Is It was written and recorded with Canadian crooner Paul Anka in 1983, but was never deemed worthy enough to make it to an album. Even the impassioned vocals of a MJ at his prime and the over-dubbed ooh-oohs of his brothers can't make this so-so track into worthy of the real hits on this album. The song seems unfinished, all middle and no beginning or end.

Graham Rockingham/for Metro Canada

Michael Jackson's This Is It contains two versions of the title track.

Tegan & Sara

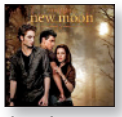
Album: Sainthood
Label: Sire/Warner
Rating: ●●●½

WHILE SAINTHOOD IS Tegan and Sara's sixth record, it's only recently that they've become the go to team for angsty girl-fronted power pop. Their latest picks up where The Con left off — infectious and energetic punk-light tunes. These tracks mostly deal with love — they discuss their parents' divorce and their own break-ups. Musically, the twins don't depart much from their formula, but they add electronic and experimental flourishes, and the songs are tighter than ever. It's another step in the right direction.

Bryan Borzykowski/for Metro Canada

Twilight: New Moon

Album: Various Artists
Label: Atlantic/Warner
Rating: ●●●●



THERE'S NO DOUBT Twilight: New Moon will be a huge hit. But expect the soundtrack to top the charts too. With the likes of Death Cab For Cutie, Thom Yorke and Lykke Li penning exclusive tracks for the disc, it's no wonder that this is easily the best movie-related record of the year. Nearly every song is worth listening to on repeat, but standouts include Anya Marina's soft Satellite Heart and Grizzly Bear's haunting Slow Life. Even the Killers turn in a solid performance on A White Demon Love Song. This is a must have for every indie rock fan.

Bryan Borzykowski/for Metro Canada

VideoOnline
Watch the video for Meet Me at the Equinox by Death Cab For Cutie online at metronews.ca/music.

Entertainment in brief

MUSIC The lyrics to Jay'z Empire State of Mind are sometimes as raw as New York, but it looks like the rapper will clean up that language when he performs his city anthem at the World Series. A source close to the rapper says Jay-Z won't utter curses or other raw language included in his hit, which has been blasted by the Yankees during the playoffs. THE ASSOCIATED PRESS

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Andre Agassi serves up bombshell
In a new memoir, the tennis star admits to using crystal meth in the '90s. **PEOPLE.COM**

Film offers a rare glimpse at Jackson

Michael Jackson's **This Is It**

Director: Kenny Ortega
Star: Michael Jackson
Classification: PG
Rating: ⊕⊕⊕

IAN GORMELY
for Metro Canada

Michael Jackson rehearses for his comeback tour in This Is It.

It's ironic that the final creative project from a performer who spent his career striving for perfection is this raw.

Originally intended as filler for a 3-D concert film of Michael Jackson's UK comeback shows, This is It was pieced together by director and longtime Jackson collaborator Kenny Ortega from footage shot during the four months of rehearsals leading up to Jackson's death in June.

It tracks the star from the press conference announcing the shows, through dancer tryouts, band rehearsals and video shoots, interspersed with rehearsal performances of Jackson's biggest hits.

As the film opens, it's almost shocking to see Jackson doing what he does best: Singing and dancing. More shocking is seeing how fierce a dancer he remained until the end, upstaging dancers half his age.

The film's best segments come from scenes with split screens contrasting a song's evolution over the course of the rehearsals, particularly on Human Nature and The Way You Make Me Feel.

While the film's first 45 minutes are thrilling, giving a rare glimpse of Jackson's creative process, it loses steam two-thirds of the way through.

What comes across is that Jackson's was a very active participant in the show's creation. The best moments capture him directing the band or dancers to meet his high expectations.

Based on this footage, the London shows would have been spectacular. But This Is It feels more like the greatest DVD bonus feature than a feature film.

• For This is It photos, a trailer and screen times — or to buy tickets — visit metronews.ca/movies.

primetime 10/29/09

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3 CBC	Wheel-Fortune	Jeopardy! (N)	Canada: Above & Beyond		The Border "Hate Metal" (N)		CBC News: The National (N)		(:05) The Hour
	254	-	8 OMNI	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		The Simpsons
	250	321	9 CTV	The Vampire Diaries (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N) (CC)		The Mentalist "Red Scare"		CTV News
	-	-	10 JOY	Frasier (CC)	The Insider	Stargate SG-1 (CC)		Supernatural (N) (CC)		Perspectives	Ek Noor	New Day
	252	336	11 GTV	Entertainment	ET Canada	Survivor: Samoa (N) (CC)		The Office (N)	The Office	90210 "To New Beginnings!"		News
	256	389	12 VI	TMZ (N) (CC)	Hollywood	FlashForward (N) (CC)		Law & Order (CC)		(:01) Private Practice (N)		A News (N)
	253	359	13 CITY	The Office	The Office	Community (N)	Parks-Recreat	30 Rock	30 Rock (N)	The Jay Leno Show (N) (CC)		The CityNews
	-	-	14 CW	The Office	The Office	The Vampire Diaries (N)		Supernatural (N) (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Survivor: Samoa (N) (CC)		CSI: Crime Scene Invstgtn.		The Mentalist "Red Scare"		KIRO 7 News
	287	379	16 NBC	Evening Mag.	Inside Edition	Community (N)	Parks-Recreat	The Office (N)	30 Rock (N)	The Jay Leno Show (N) (CC)		KING 5 News
	602	568	19 W	Old Christine	Friends (CC)	Friends (CC)	Grocery Bag	Confidential	Confidential	Divine Design	Divine Design	Don't Move
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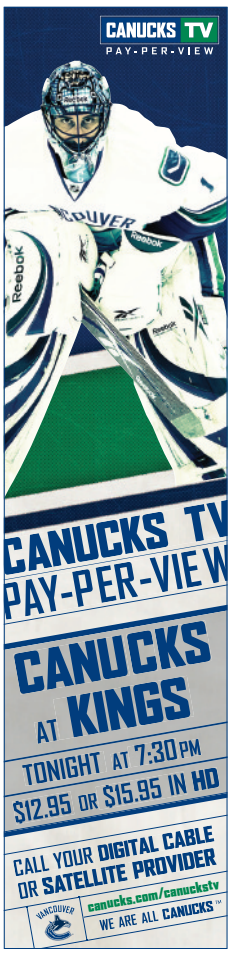
	-	-	26 KVOS	M*A*S*H	Seinfeld	Pet Sematary Two ★★ (1992, Horror) Edward Furlong.				Seinfeld	King	Cheers (CC)
	291	383	27 PBS	Confronting Gang Violence		Doc Martin (CC)		Poirot "The Veiled Lady"		Including Samuel		Globe Trekker
	290	382	28 FOX	MLB Baseball	Cops (CC)	Malcolm-Mid.	King of Hill	King of Hill	Family Guy	Q13 FOX News at Ten (N)		Family Guy
	-	364	43 PBS	Casebook-Sherlock Holmes		Red Green	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		This Old Hse.	Hometime
	296	654	34 SBK	The Office	Name Is Earl	Frasier (CC)	'70s Show	South Park	Half & Half	Paid Program	Hatchett	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	The Vampire Diaries (N)		Supernatural (N) (CC)		KTLA Prime News (N) (CC)		Friends (CC)
	295	651	66 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Friends (CC)	Friends (CC)	Maury (CC)	
	297	652	67 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Friends (CC)	According-Jim	Family Guy	South Park	Scrubs (CC)
	199	311	76 STR	CTV News	NTV Latenight News		Late Show-Letterman		Late Late Show		Inside Edition	Will & Grace
news	502	390	29 NW	The Nature of Things (CC)		CBC News: The National		CBC News: The National		The Nature of Things (CC)		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	MLB Baseball: World Series, Game 2			Sportsnet	Sportsnet Connected (Live)		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	(6:30) NHL Hockey Detroit Red Wings at Edmonton Oilers.				SportsCentre	Billiards: WPBA U.S. Open		Timbersports	SportsCentre
	411	457	49 OLN	Ghost Hunters (CC)		Dog the Bounty Hunter (CC)		Survivorman Costa Rica.		Ghost Hunters (CC)		Bounty Hunter
	410	403	54 SCR	Football		NBA Basketball Denver Nuggets at Portland Trail Blazers. (Live)				Score Now		Final Score
	417	406	55 SC	Wrecked	Wrecked	Pimp My Ride	Pass Time	Pinks -- All Out		Jacked!	Jacked!	Wrecked
	416	409	144 GLF	Fútbol Alemán		Fútbol Español		Gol TV News	Toronto-Today	Gol TV News	Gol TV News	Gol TV News
family	552	543	25 YTV	SpongeBob	Prank Patrol	Malcolm-Mid.	Hates Chris	8 Rules	What I Like	Family Biz	Prank Patrol	Adrenaline
	555	545	50 TEL	Scooby-Doo & Ghoul		6TEEN (CC)	Majority Rules	Futurama	King of Hill	Bram Stoker's Dracula ★★★ (1992, Horror)		
	557	541	51 FAM	Sonny Chance	Zack & Cody	Overruled! (N)	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
	553	546	53 TRE	Babar (CC)	Zigby	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Frontiers of Construction (N)		Francesco	Francesco	Adventures in Architecture		Stanley Kubrick's Boxes (N)		Beautiful
	575	583	20 CMT	Home Imp.	Home Imp.	Unstable	Unstable (N)	Reba (CC)	Reba (CC)	According-Jim	According-Jim	Home Imp.
	570	580	24 MM	Love Court	Instant Star	One Tree Hill (CC)		So You Think You Can Dance Canada Top 4. (CC)				Spotlight
	600	564	25 H&G	House	House	Holmes Inspection Fireplaces.		Renovation	Disaster DIY	Holmes on Homes Attic.		House
	615	520	31 A&E	The First 48 (CC)		Crime 360 "Bad Company"		(:01) The First 48 "Hard Fall"		(:01) The First 48 (CC)		The First 48
	628	584	32 SPKE	(6:00) TNA Wrestling (N)		Deadliest Warrior		MANswers	MANswers	MANswers	MANswers	Scream 2009
	521	560	34 TLC	Street Customs "Vans Van"		American Chopper (CC)		Street Customs (CC)		American Chopper (CC)		Heavy Haulers
	616	522	39 SHO	The Outer Limits (CC)		Da Vinci's City Hall		The Best Years		Saving Grace "Moooooooo"		NCIS (CC)
	620	523	40 BVO	Poe: Last Days of the Raven		Law & Order (CC)		Without a Trace (CC)		The Broken Hearts Club ★★ (2000) (CC)		
	601	562	41 SLC	X-Weighted "Sarah" (CC)		ET Canada	What	The Biggest Loser (CC)		Date My Ex: Jo & Slade		Trading Sp
	520	505	42 DIS	MythBusters "Viral Hour"		Daily Planet (CC)		Discovering Ardi Hominid skeleton. (CC)				MythBusters
	522	506	44 HIS	Ice Road Truckers (CC)		Ancient Discoveries (CC)		Underworld Histories (CC)		Life After People (N) (CC)		Disaster
	627	528	45 SPC	Eureka "If You Build It ..." (N)		InnerSpace	Stargate SG-1	"Prisoners"		Star Trek: Next Gener.	Star Trek: Voyager (CC)	
	294	650	47 TBS	(6:00) The Holiday ★★ (2006) Cameron Diaz.			(:45) Seinfeld	(:15) Seinfeld	Sex and-City	(:15) The Holiday ★★ (2006) Cameron Diaz.		
	619	525	48 TROP	Seinfeld	Seinfeld	The Outer Limits (CC)		ET Canada	TV Made	Family Guy	Seinfeld	Seinfeld
	603	561	52 FN	Ace of Cakes	Ace of Cakes	Family Restaurant (CC)		Unwrapped	Unwrapped	Big Chef Takes on Little Chef		Ace of Cakes
	-	-	53 AMC	End of Days		(:45) Thirteen Ghosts ★ (2001, Horror) Tony Shalhoub. (CC)				(:45) House on Haunted Hill ★ (1999) Geoffrey Rush. (CC)		
	626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box	Jon Dore	Daily Show
	320	621	60 CEN	(6:15) Hidden Crimes (2009)		The Strangers ★★ (2008) Liv Tyler. (CC)				(:25) Prom Night ★★ (2008) Brittany Snow.		Vacancy 2
	581	566	101 MTV	Gone Too Far "Gary" (N)		MTV Live	Sex News	Fantasy Fact.	Beatdown	Gone Too Far "Gary" (CC)		MTV Live
	261	394	102 V	(6:00) The Buddy Holly Story ★★★ (1978)			Recreat. Eden	La Bamba ★★★ (1987) Lou Diamond Phillips, Esai Morales.				Paid Program
	-	-	106 MUL	Sewing Maid	Kingdom-Wind	Vancouver	Shaktimaan	Dheeyan Ghar	Sadabahar	Connections	Desi Rhythms	Patrol World

critics'corner

The Border
They're not people you'd want to associate with in real life, but hate groups do inspire a certain morbid curiosity. In this new episode, Carver and Gray (Grace Park, Graham Abbey) must tread carefully when they infiltrate the compound of a white supremacist with violent tendencies. James McGowan and Nigel Bennett also star in "Hate Metal." 9 PM on CBC

The Office
In a special Halloween episode, the office staff plans a haunted house for children in the community, but it's nothing compared to the splash that Michael (Steve Carell) makes at an important business meeting when he falls into a small fishpond. Pam and Andy (Jenna Fischer, Ed Helms) try to drum up more sales by cold-calling. Rainn Wilson and John Krasinski also star in the new episode "Koi Pond." 9 PM on NBC GTV



Wine on the Mountain
On Saturday, Nov. 7, head to Grouse Mountain for Wine on the Mountain, a premier food and wine pairing fundraising party for Adoptive Families Society of B.C. $150 per ticket. bcadopt.com. ANYA LEVYKH/FOR METRO VANCOUVER

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Gastown's Pourhouse is fit for a king

ANYA LEVYKH
anya.levykh@gmail.com

The Pourhouse
162 Water St.
Vancouver
604-568-7022
pourhousevancouver.com

Signature Drink: Gold Fashioned
Signature Dish: Neon Squid
Rating: ●●●●½
Dinner & drinks for 2: $90

The concept of bartender-owned restaurants seems to be taking hold of late, and the newest offering has changed my mind about its validity. The Pourhouse, courtesy of barkeeps Jay Jones and Brian Grant, and chef Chris Irving, strikes a speakeasy-bluesy-prohibition kind of note, except without the gangsters or flappers. The highlight of the room is the acres-long bar, fashioned from a solid piece of fir, and surrounded with comfy, leather, nail-studded stools. The dining area is all white tablecloth, just enough lighting so that you don't have to squint at the menu, well-spaced tables, and square booths built for three.

On the web
- Read the full article online at metronews.ca/vancouver/columnist/40411.
- Chew more on Anya's blog at metronews.ca/vancouver/blog/136310.

The drinks are sterling, but it's the food that's the star. Neon squid steaks ($10) are cut thick, scored gently, and grilled perfectly, with fresh slices of chillies, crispy garlic "flakes" and leeks. A sloppy Joe sandwich ($12) was a wonder of Pemberton beef, Sloping Hills pork, tomato sauce and melted cheese, all on a warm toasted bun that held the filling in a tight embrace. Rice pudding with caramelized figs ($7) was a splendid contrast of chilled, creamy base, caramelized bits of hard sugar, and the plump, poached figs. A hint of Maker's Mark on the tongue just added an extra bit of damn-fine to this dish.

ANYA LEVYKH/FOR METRO VANCOUVER
Neon squid steaks ($10)

On the web

Global Peasant:
- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Check out metronews.ca/globalpeasant for a recipe for apple pie.

Drink on the fly

With two bartenders at the helm, it's no wonder that The Pourhouse is a fairly drink-friendly establishment. Letting the boys create a drink on the fly is certainly a good way to spend an evening. Here's a no-name sampling from a recent visit. The glass was filled to the top, but I was too greedy to sip before I snapped, sorry.

- 1.5 oz Beefeater 24 gin; 0.5 oz green chartreuse; 2 oz organic apple juice; 2 dashes peach bitters; Splash of ginger ale

Dining out

THE GAME'S AFOOT
Bistro Pastis (2153 West 4 Ave.) is offering a three-course wild game menu for $55 during the month of November. Selections include caribou carpaccio, game and prune terrine, rabbit trio, bison osso buco, and brioche bread pudding. Call 604-731-5020 to make your reservations.

CHAMPAGNE FOR CHARITY
On the first Sunday of every month, La Brasserie (1091 Davie St.) will donate 20 per cent of the food proceeds from its brunch service to local charities. $5 from every glass of champagne will be donated. Brunch items include red wine-poached eggs, truffled poutine, and pain perdu. Call 604-568-6399 for reservations.

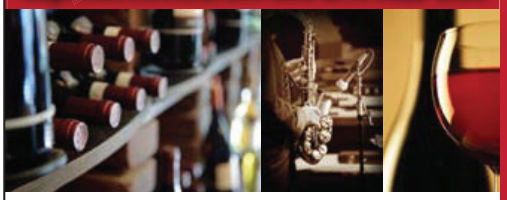
In brief

DRINK Chambar has released their new house ale, with notes that match their European and North African cuisine. Stop by the bar for a taste.

OPENING Society Dining Lounge, the latest offering from Glowbal Group Restaurants, will officially open today at 1257 Hamilton St.

ADVERTISING FEATURE

CAPONES
Capones Restaurant and Live Jazz Club



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Urban Eats

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2272 West 4th Avenue
604.731.7222
prestocucina.ca

Dockside Restaurant
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604.685.7070
docksidebrewing.com

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cheerscatering.net

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1144 Homer Street
604.609.0901
snslounge.ca

For advertising opportunities call 604.602.1002.
Urban Eats runs Thursdays in Metro.

Sex sequel like 'condensed soup': Davis

Kristin Davis thinks Sex and the City 2 is like "condensed soup." The actress — who plays Charlotte — says bosses have crammed so many dramatic plotlines into the upcoming sequel it is much more intense than the last film, femalefirst.co.uk reports. METRO NEWS SERVICES

Celebrity Buzz

Kate minus Jon does not equal 'available'

SHE'S A MOM FIRST Just because she's not wearing her wedding ring much of the time anymore doesn't mean that Kate Gosselin's back on the market.

In fact, the reality-show mom says it's not going to happen while she remains the focus of so much media attention, people.com reports.

"I'm not thinking about it, but the thought has crossed my mind at some point (that) it's going to be scrutinized," Gosselin, 34, told Ellen DeGeneres yesterday. "Let's not talk about it."

Gosselin says she tries to live her life surrounded by cameras — and "the 18 cars that follow me around" — by thinking of her eight children.

"I just know that, on TV or off TV, I've been very much targeted and torn apart," she says.

"I'm telling you (from) the root of my heart everything about me: I am a mother first. I will always be a mother and I would die for my kids if need be ... My focus is them. It's not the paparazzi. My focus is not what trip I can go on or what shows I can do as a result of this thing. This is my job. This is my paycheque and so this is what I do."

METRO NEWS SERVICES

A touch of India on Jess

NEW TATTOO Jessica Simpson has some new body art. The singer, 29, showed off a Henna tattoo Tuesday as she returned from a trip to India, where she was shooting her upcoming VH1 reality show, The Price of Beauty, usmagazine.com reports.

"The intricate Mehndi designs are typically Indian, and made with a turmeric paste," her rep tells London's Daily Mail of the singer's new ink. "They're worn at wedding ceremonies and are supposed to bring good luck to eligible single women in India. It's a big style statement too. The really intricate designs take hours to apply by hand using just a brush. The artists are very skilled."

During her trip to India, Simpson also got a bindi dot on her forehead as she hit a Bollywood party at the capital's glitzy Vie Lounge earlier this week. Simpson was a guest of Neha Dhupia, the Indian beauty ambassador on the singer's show.

METRO WORLD NEWS

Swayze widow opens up

FIGHTING GRIEF Patrick Swayze's widow Lisa Niemi spoke from the heart recently about losing her husband just six weeks ago, telling a women's conference that the loss "is like an animal all of its own" and the sadness could be felt "on a cellular level," usmagazine.com reports.

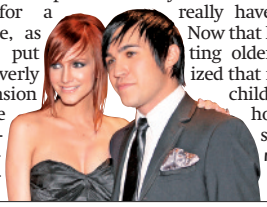
"When the grief takes you, it's like your body is not your own," Niemi, who was married to the actor for 34 years, said during a roundtable discussion on Grief, Healing and Resilience at the Women's Conference 2009 in Long Beach, Calif.

METRO WORLD NEWS

In search of kid-friendly home

IN THE MARKET Pete Wentz and Ashlee Simpson are looking for a new home, as they've put their Beverly Hills mansion on the market because it isn't kid-friendly enough, a source says. "The house ... doesn't really have any yard. Now that Bronx is getting older they realized that really isn't a child-friendly house," the source says.

METRO WORLD NEWS



Jude, Sienna back on track?

BLAME IT ON BROADWAY With both stars working in shows on Broadway, Jude Law and Sienna Miller have found themselves in close proximity lately — and it could be leading to a rekindling of their romance.

"Sienna and Jude have met up a few times and got on really well," a source tells OK! Magazine. "Sienna had her heart broken by Jude, but she was young and it was the first time she'd fallen in love. What people don't realize is that they always remained close.

METRO WORLD NEWS

'You can't break up' Brothers

ONE FOR ALL FOREVER The Jonas Brothers are battling breakup rumours, insisting that Nick Jonas is just taking a break from the band to work on a solo album due out next year.

"We plan to make music together for as long as we can," the brothers told People magazine.

Nick added: "We've said from the beginning of our career as the Jonas Brothers that anything we do outside of the group is a side project because you can't break up brothers."

METRO WORLD NEWS

LiLo reaches out to Indian children

CHARITY TIME Lindsay Lohan is packing her bags, heading to India for charity work — and a BBC documentary. "I'm going to India soon, actually, before Thanksgiving," Lohan tells Pacific Coast News.

"It's basically on the trafficking of children in ... India," she says. "I think if you're in the position where you can say something that people will listen to and make a difference ... because I know I deal with that more than most people do at this point, I think you should use it."

METRO WORLD NEWS

Celebrity tweets

Sandra Bernhard has got something cooking, Queen Rania Al Abdullah has some nice things to say about George Clooney, Paulo Coelho doesn't want you to waste your time and Ashton Kutcher tries to pass on some knowledge.

• @SandraBerhnard this morning i am making split pea soup in the crock pot easy breezy and vegan, trying to mix it up and make it delicious at the same time.

• @QueenRania In customary style, Clooney politely reveals absurdity in how powers that be affect our world.

@paulocoelho The person who thinks "I would like to do this" is wasting the day, because she/he can do this, and is not doing.

• @aplusk sometimes I think the only reason I took math is so I could help my kids take math.

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Saturday Partly cloudy 12° / 6°
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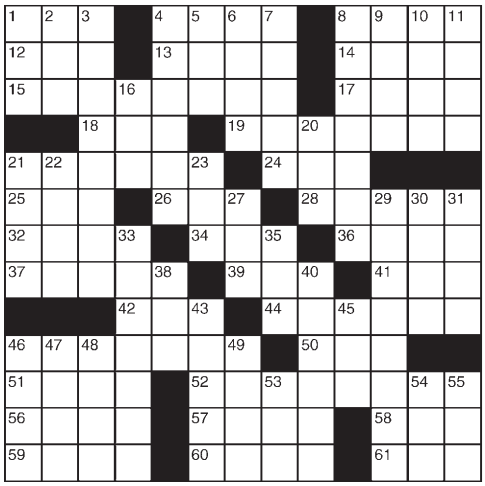
For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 Picks out of a lineup
4 Piece for two
8 Speaker's place
12 "As if!"
13 Poet Pound
14 Expel
15 Green onion
17 Earthen pot
18 Shelter
19 One without snow tires?
21 "Ecce homo" sayer
24 Costa del —
25 Swiss canton
26 Blunder
28 Kathmandu's land
32 Source
34 Deity
36 Munro's pen name
37 Boredom
39 Wiretap
41 Energy
42 And so on (Abbr.)
44 White winter weasel
46 Auto's body
50 Lubricate
51 Posterior
52 Bundle of nerves?
56 Furniture store name
57 Enthusiastic
58 Individual
59 Moist in the morn
60 Optimistic
61 Affirmative action

DOWN

1 Half the ramifications
2 Medic
3 Colt's pop
4 Take out of context?
5 Submachine gun
6 Cupid's alias
7 Aquariums
8 Random drawings?
9 "— Lang Syne"
10 Capri, e.g.
11 Luminary
16 Meadow
20 Saturn model, 2003-07
21 100 percent
22 Press
23 Work unit
27 Filch
29 Big tent at an expo
30 Similar (to)
31 Rickey ingredient
33 Calendar box
35 Payable
38 Part of FWIW
40 Weak and unsteady
43 Stogie
45 Wire measure
46 Scolded
47 Raise
48 From the top
49 Palm starch
53 Ph. bk. data
54 "Sail — Ship of State!"
55 Actor Beatty

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	2				8			
3			6	2		4	9	
7		5					6	
	9	2		8				
			2		3			
				1		2	5	
	8					6		5
	5	9		4	1			3
			7				4	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

3	4	9	1	7	8	6	2	5
2	5	8	3	6	4	7	9	1
7	6	1	9	2	5	4	8	3
9	7	6	8	5	1	2	3	4
8	1	3	7	4	2	9	5	6
4	2	5	6	9	3	1	7	8
1	9	2	5	8	6	3	4	7
5	3	7	4	1	9	8	6	2
6	8	4	2	3	7	5	1	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

CHRIS SKINNER

Apricot & Rosemary Glazed Chicken

Submitted by Janice Choi, Toronto,

INGREDIENTS:

4 chicken thighs/legs, bone in and skin on, trimmed of excess fat
3/4 cup apricot jam/marmalade
2 tbsp finely chopped fresh rosemary
2 tbsp lemon juice and about 1/2 the zest from 1 lemon
1 finely chopped clove of garlic
2-3 tbsp honey (depending on sweetness of marmalade)
2 tbsp vegetable oil
1 tbsp balsamic vinegar
1 tsp salt
1/2 tsp black pepper

PREPARATION:

1. Preheat oven to 400F
2. Combine all ingredients except chicken. Microwave in a large bowl for about 1 minute, or until hot. Stir to combine flavours and allow to cool slightly.
3. Reserve about 1/3 of the mixture into another bowl.
4. Put the chicken in the large bowl with the cooled marmalade mixture. Massage and rub marinade into chicken (over and under the skin and everywhere you can get it!)
5. Line a baking pan with foil. Arrange chicken on the baking pan, removing excess marinade, if any. Bake for 15 mins. Remove from oven and glaze (in a thick layer) with set aside mixture. Bake for another 10-13 minutes or until the juices run clear, glazing at least once more.

SERVES 4
PREP TIME: 10 MINUTES
COOK TIME: 30 MINUTES

20 minute SUPPER CLUB

20 Minute Supper Club helps you get dinner ready in a snap at **20minute supperclub.com**. Visit 20minutesupperclub.com/metro to be entered to win a $50 President's Choice gift certificate!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Today's Venus-Jupiter aspect makes this one of the best days of the year for affairs of the heart.

TAURUS ♉
APRIL 21-MAY 21
Today's cosmic influences indicate that you will be turned on more by success than you are by people.

GEMINI ♊
MAY 22-JUNE 21
This is one of those times when everything seems possible, when you feel that you can take on the world and win.

CANCER ♋
JUNE 22-JULY 22
Let those around you know what you are willing to put up with and what you consider is going too far, and convince them you're serious.

LEO ♌
JULY 23-AUG 23
Don't sit at home by yourself. There is a world out there desperate to see you and hear you and be close to you.

VIRGO ♍
AUG 24-SEPT 22
If you have fallen out with someone recently now is the time to make the right noises and let them know you want to stay friends.

LIBRA ♎
SEPT 23-OCT 23
Partners and colleagues will do whatever you ask of them today, which no doubt makes you wonder how far you can push your luck.

SCORPIO ♏
OCT 24-NOV 22
You are not the sort to be intimidated by people who rant and rave and that's just as well because someone will go off the deep end today.

SAGITTARIUS ♐
NOV 23-DEC 21
You will gain more by doing less today, and if you can get other people to share your workload you may get away with doing nothing at all.

CAPRICORN ♑
DEC 22-JAN 20
You will get through a great deal of work today. With Saturn crossing the midheaven angle of your chart, you'll do whatever it takes to make a name for yourself.

AQUARIUS ♒
JAN 21-FEB 18
You know in your heart what is right and wrong and are not about to compromise your values merely to impress people in power.

PISCES ♓
FEB 19-MARCH 20
If someone whose judgment you trust offers you advice today, act on it immediately. The planets warn this is no time to be cautious.

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This day in history

1787: Mozart's opera Don Giovanni receives its first performance in Prague.
1923: Turkey becomes a republic following the dissolution of the Ottoman Empire.
1929: The New York Stock Exchange crashes in what will be called the Crash of 1929 or "Black Tuesday," ending the Great Bull Market of the 1920s and beginning the Great Depression.
1967: Montreal's World Fair, Expo 67, closes with over 50 million visitors.
1969: The first-ever computer-to-computer link is established on ARPANET, the precursor to the Internet.

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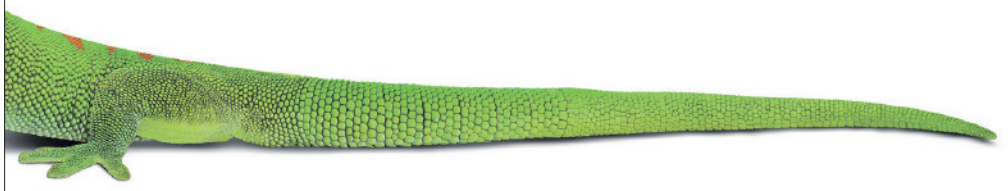
Hurry, this won't last long.



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